

# Sleep Services Referral Form

Patient Name Referral Date

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Patient Phone# DOB Gender

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Referring Provider (Print Name) Phone Number

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Referring Provider Signature NPI#

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Comprehensive Sleep Evaluation, Diagnostics & Treatment (as medically indicated)

Reason for Referral:

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**RemHealth (formerly Colorado Sleep Institute), established in 2010, is a leading sleep disorders medical practice serving patients across Colorado.**

We follow a comprehensive “**Evaluate & Treat**” care model, where our sleep specialists evaluate, diagnose, treat, and manage the full spectrum of sleep disorders, including:

**Obstructive sleep apnea (OSA), Insomnia, Restless legs syndrome (RLS), Parasomnias, Narcolepsy, Circadian rhythm disorders.**

Our specialists oversee all aspects of care, ensuring continuity and optimal clinical outcomes. We manage the entire process of **in-lab polysomnography and home-based sleep testing**, ensuring accurate diagnosis and seamless care, along with a full range of treatment options, including **CPAP therapy, oral appliances, cognitive behavioral therapy for insomnia (CBTi), and sleep medications.**

All referred patients undergo an initial evaluation with a sleep specialist and receive ongoing management as medically appropriate. We prioritize seamless communication by consistently sharing visit notes, lab results, CPAP adherence reports, and sleep study findings with referring providers and primary care physicians (PCPs).

With insurance regulations for sleep diagnostics and treatments—such as CPAP therapy—becoming increasingly stringent, our model ensures that all necessary authorizations are obtained upfront, facilitating uninterrupted access to care.

**We are contracted with most major commercial insurance providers, including Medicare and Medicaid.**